

---

**Hot Topics Webinar**

---



**The Intersection of Stress, Connection & Suicide: How Some Students Reach Out, and Why Others Do Not** was a free Hot Topics Conference call sponsored by the American College Personnel Association's Commission for Counseling and Psychological Services (CCAPS). The call was attended by approximately 200 phone lines. The presentation discussed findings from recent studies in 2006 & 2011 conducted by The National Research Consortium of Counseling Centers in Higher Education. The presentation explored college student self-report data on help-seeking and methods of connection either during a recent stressful time period or during a recent suicidal crisis. Implications for prevention and interventions germane to student services personnel were explored, with a specific focus on methods of increasing crucial aspects of social connection and help-seeking to reduce distress across the entire campus.

[PowerPoint Slides](#)