

Sexual Communication Scenario Worksheet

Pat and Chris are two college students who decide to go on a date. As you listen to the facilitators describe this scenario, please answer the questions listed below. Please think about when and how people should communicate about their desires, expectations, and limits. Should communication be nonverbal or verbal? When does consent to be physically intimate take place? How do you know if someone else wants to be physically involved in the same way you do?

Dating Scenario

The Invitation

1. If two college students go out together, does it mean they want to be physically involved?

..... YES NO MAYBE

Attractive Dress

2. Does the way someone dresses on a date communicate whether they're interested in being physically intimate?

..... YES NO MAYBE

Paying for the Date

3. Does paying for a date or letting your date pay indicate that you want to be physically involved?

..... YES NO MAYBE

Going Back to Someone's Apartment

4. Before going back to someone's apartment, should two people on a date talk about their expectations and limits?

..... YES NO MAYBE

5. Does going back to someone's apartment on a date indicate a desire to be physically intimate?

..... YES NO MAYBE

Kissing and Making Out

6. Before kissing and making out, should two people talk about their expectations and limits?

..... YES NO MAYBE

7. Does kissing and making out with someone indicate a desire to go further?

..... YES NO MAYBE

Touching and Undressing

8. Before touching each other intimately or getting partially undressed, should two people talk about their expectations and limits?

..... YES NO MAYBE

9. Does getting undressed or participating in intimate touching indicate a desire to go further?

..... YES NO MAYBE

Consent

10. Before having sex, should there always be verbal communication and consent?

..... YES NO MAYBE

Communicating About Sex

A. Nonverbal Communication

What are the advantages and disadvantages of relying on nonverbal communication related to sexual desires, expectations, and limits?

Advantages: _____

Disadvantages: _____

B. Verbal Communication

What are the advantages and disadvantages of using verbal communication related to sexual desires, expectations, and limits?

Advantages: _____

Disadvantages: _____

C. What do you say?

Pat wants to be more intimate but isn't sure whether Chris is ready. What should Pat say or do?

Chris really likes Pat but isn't ready to be more intimate. What should Chris say or do?

